

Portland, ME 04102 (Cumberland county)

Barron Center

Contact: Phones: (207) 541-6500 [Business]*,

Last Updated: 03/21/2022 1:36:03PM (207) 541-6555 [Fax]

Last Reviewed: 03/21/2022

Address: [Business]* Web Site: http://www.portlandmaine.gov/1106/Services-Off

1145 Brighton Avenue <u>ered</u>

Eligibility: Accepts Mainecare/Medicaid

Notes: Barron Center is a Long term nursing care facility that offers Skilled/Rehabilitation service focused on short-term

rehabilitation. Often, after a hospital stay additional therapy or education related to specific illnesses, care, or medication may be needed before going home. Our long-term care neighborhoods are designed to meet the need of our elders, encouraging residents to achieve their highest level of independence and function integrating a tear approach. The mission is to provide high quality long term care services for frail elderly and chronically ill individual

Barron Center II is our secure 50 bed long-term care neighborhood for individuals afflicted with Alzheimer's and other related dementia.

Bella Point Bridgton

Contact: Phones: (207) 647-8821 [Business]

Last Updated: 03/17/2022 2:42:15PM

Last Reviewed: 12/22/2021

Address: [Business]* Web Site: www.dltchealthcare.com/bella-point-bridgton/

186 Portland Road

Bridgton, ME 04009 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Formerly Bridgton Health & Residential Care Center.

Bella Point Bridgton has 43 nursing facility beds and a 16 bed Assisted Living wing for Alzheimer and Dementia ca Rehab Services include Physical, Occupational, and Speech Therapy which is provided on either in-patient or outtient basis. Respite Care is available for stays from 2 to 30 days.

Licensed as Residential Care Facility Level IV and Nursing Facility

The assisted living unit consists of 8 semiprivate rooms, for Alzheimer's/dementia residents and it is a secure, locked unit. This gives us the extra protection to care for your loved ones who like to wander.

The facility is licensed by the Department of Human Services. We are certified by Medicare and accept payments from private funds, third party insurance, Medicare, and Mainecare (Medicaid). We do require pre-approval from Mainecare before we will accept someone for admission. Our Social Services Department is very knowledgeable ir assisting in the Mainecare application process.



Brentwood Center for Health and Rehabilitation

Contact: Phones: (207) 846-9021 [Business]*

Last Updated: 12/13/2021 3:20:19PM

Last Reviewed: 02/18/2020

Address: [Business]* Web Site: www.brentwoodcenterrehab.com

370 Portland Street

Yarmouth, ME 04096 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Brentwood meets the needs of individuals requiring skilled nursing services and long term care. We also provide

speech, occupational and physical therapy up to seven days a week to help residents reach their maximum potent. Our memory care wing accommodates 40 residents in a secured environment. We provide 24-hour staffing, 3 meals per day, medication administration, housekeeping, laundry, a beauty salon, and daily activities. Respite Ca is offered on a bed-availability basis. It is our mission to provide our residents and their families with superior car delivered by staff dedicated to the principles of kindness, compassion, service and excellence. Please call our

admissions office for more information and to set up a visit.

Coastal Manor

Contact: Phones: (207) 846-2250 [Business]*

Last Updated: 03/18/2022 12:46:39PM

Last Reviewed: 03/18/2022

Address: [Business]* Web Site: www.coastalmanornursinghome.com

20 West Main Street

Yarmouth, ME 04096 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Coastal Manor has 39 dually certified beds and provides long term nursing care and skilled rehabilitation nursing

care. Respite care is available and generally can be arranged/reserved a couple of weeks in advance.

Please call for current rates; respite care is available through EIM or private pay

Coastal Manor also has a Food and Lodging license and operates an independent living with services facility with room for 6 people. Services included in the daily room rate include a private room, 3 meals/day and snacks, launc and housekeeping services, and cable television. Residents are welcome to join in activities and programs offered through the nursing facility. Eligibility - Seniors who are ambulatory, able to manage any medications

Call for more information and/or to arrange a visit and apply. Private pay and Mainecare accepted.

Rev.20240305 Page 2 of 8



First Atlantic: Hawthorne House

Contact: Phones: (207) 865-4782 [Business]*

Last Updated: 03/17/2022 2:51:14PM

Last Reviewed: 12/17/2021

Address: [Business]* Web Site: www.hawthorne-healthcare.com/

6 Old County Road

Freeport, ME 04032 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Hawthorne House is an 81 bed skilled nursing, long-term care, post-acute rehabilitation, memory care and

geropsych special care facility and 14 bed locked assisted living memory care. We offer private and semi-private rooms. The facility offers both inpatient and outpatient physical therapy as well as occupational and speech therapy can help with nutritional concerns, pain management, post-acute care transitions, stroke care, cardiovascula problems, memory care and clinically complex care involving IV's. Respite care can be arranged if a bed is available.

. Please contact admissions for more information.

Gorham House: Windsor Commons

Contact: Phones: (207) 839-5757 [Business]*,

Last Updated: 03/23/2022 11:01:58AM (207) 839-8263 [Business Fax]

Last Reviewed: 03/23/2022

Address: [Business]* Web Site: www.gorhamhouse.com

50 New Portland Road

Gorham, ME 04038 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Windsor Common also known as (Windsor 1) is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home a

known as (Windsor 2) (32 beds). Residents of Gorham House get priority placement in the skilled unit when need . The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. The provided in the skilled unit when need the skilled unit when need to occupationally speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms.

unit is designed to care for people with limited physical mobility.



Ledgewood

Contact: Phones: (207) 892-2261 [Business]*,

Last Updated: 03/23/2022 1:02:48PM (207) 892-7574 [Fax]

Last Reviewed: 03/23/2022

Address: [Business]* Web Site: www.ledgewood.ledgewoodmanorinc.com

200 Tandberg Trail

Windham, ME 04062 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Most residents of Ledgewood Manor have cognitive losses, other forms of dementia, or Parkinson's. The facility

provides podiatry, laundry, hairdressing, as well as occupational and physical therapies. Families are encouraged provide transportation to medical appointments. There are 60 beds, All rooms are semi-private and are located or

a single floor with a central living/dining area.

Accepts Mainecare, medicare, private pay, most insurances

Maine Veterans Home

Contact: Phones: (207) 883-7184 [Business],

Last Updated: 03/17/2022 2:53:38PM (800) 278-9494 [Toll-Free]*

Last Reviewed: 12/22/2021

Address: [Business]* Web Site: www.maineveterans.org

290 US Route 1

Scarborough, ME 04074 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing car

memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each

resident integrating nursing care, rehab & therapies, and recreational activities.

Pine Point Center

Contact: Phones: (207) 883-2468 [Business]*,

Last Updated: 03/23/2022 11:27:41AM (207) 883-3983 [Fax]

Last Reviewed: 03/23/2022

Address: [Business]* Web Site: http://www.genesishcc.com/PinePoint

67 Pine Point Road

Scarborough, ME 04074 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Pine Point Center is a 60-bed skilled nursing facility offering post-hospital, short-term rehabilitation as well as lone

erm and respite care. Our staff is dedicated to serving the medical and rehabilitation needs of individuals recoveri

from an illness or injury. We accept Medicare, Medicaid, and most private insurances.



Pinnacle Health and Rehab at South Portland

Contact: **Phones:** (207) 767-7401 [Fax],

Last Updated: 03/23/2022 12:49:26PM (207) 799-8561 [Business]*

Last Reviewed: 03/23/2022

Address: [Business]* Web Site: www.pinnaclesouthportland.com

42 Anthoine Street

South Portland, ME 04106 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Pinnacle has 73 beds for residents with acute and chronic conditions requiring 24 hour skilled medical care. There **Notes:**

a secured Alzheimer's area, and our Platinum Rehab therapy program is a targeted rehabilitation program designed

for our patients to return home at optimal strength and successfully reintegrate into their communities.

Piper Shores

Contact: Phones: (207) 883-8700 [Main]*,

(888) 333-8711 [Toll-Free] Last Updated: 03/17/2022 2:54:42PM

Last Reviewed: 12/22/2021

Address: [Business]* Web Site: www.pipershores.org

15 Piper Road

Scarborough, ME 04074 (Cumberland county)

Eligibility:

Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that Notes:

lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly

payment for assisted living and nursing home care.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordination , transportation scheduling, housekeeping and laundry services are all provided.

Holbrook's Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory

care focuses attention on the individual needs, personality, and desires of each of our residents.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing care All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept

direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.

Rev.20240305 Page 5 of 8



Seaside HealthCare

Contact: Phones: (207) 775-2811 [Fax],

Last Updated: 03/23/2022 11:46:45AM (207) 774-7878 [Business]*

Last Reviewed: 03/23/2022

Address: [Business]* Web Site: www.seaside-healthcare.com

850 Baxter Blvd

Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Seaside Health care Nursing Home has 120 dual NF/Skilled beds, both private and semi-private. Seaside provides

expert, 24/7 residential professional nursing care, along with programs and amenities geared towards every level of ability. Services include wellness programs, restorative care, assistance with activities of daily living, medication

administration and management, and nutritional care.

Sedgewood Commons

Contact: Phones: (207) 781-2002 [Business Fax],

Last Updated: 03/23/2022 11:48:23AM (207) 781-5775 [Business]*

Last Reviewed: 12/16/2021

Address: [Business]* Web Site: https://www.genesishcc.com/SedgewoodCommor

22 Northbrook Drive

Falmouth, ME 04105 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Sedgewood Commons is a 91-bed Specialized Memory Support Community offering individualized care for those

living with Alzheimer's or other forms of dementia. Each member of our dedicated team has specialized education and training, and we promote consistent relationships with staff and regular routines, which is very important to those with dementia. Sedgewood Commons is an AHCA Silver Quality Award winner and is VA contracted! Please

call the Director of Admissions for more information and/or to apply.

Springbrook Center for Healthcare & Rehabilitation

Contact: Phones: (207) 856-1230 [Business]*

Last Updated: 03/23/2022 11:52:54AM

Last Reviewed: 03/23/2022

Address: [Business]* Web Site: www.genesishcc.com/SpringbrookME

300 Spring Street

Westbrook, ME 04092 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Springbrook Center is a skilled nursing facility offering post-hospital, short-term rehabilitation as well as long-term

and respite care services. The Center has a specialized transitional care unit for post-hospital rehabilitation.

Springbrook Center accepts Medicare, Medicaid, and most private insurances.



St Joseph's Rehabilitation and Residence

Contact: Phones: (207) 797-0600 [Business]*,

Last Updated: 03/23/2022 12:03:34PM (207) 797-4168 [Fax]

Last Reviewed: 03/23/2022

Address: [Business]* Web Site: www.mainehealth.org/saint-josephs 1133 Washington Avenue

Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Saint Joseph's, became a subsidiary of the non-profit Maine Medical Center in 2017. Long-Term Care offers 24-hc

r licensed nursing care in coordination with complete rehabilitation services. Our program is designed to provide safe, comfortable, and nurturing environment in order to serve the individual needs of those with dementia, memory loss, and the progressive stages of Alzheimer's disease. Skilled nursing care if offered by medical/nursing staff and a team of licensed physical, occupational, and speech therapists are committed to providing patients with the skills needed to transition from the hospital to home. Respite Care Services are offered on a space available

basis.

Rev.20240305 Page 7 of 8



The Cedars

Contact: Phones: (207) 221-7000 [Main]*,

Last Updated: 10/19/2023 10:06:37AM (207) 772-6038 [Fax], **Last Reviewed:** 03/14/2022 (207) 772-5456 [Business]

Address: [Business]* Web Site: www.thecedarsportland.org

620 - 640 Ocean Avenue

Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options

***Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meaplan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats as small dogs, are allowed with permission. **Private pay, please call FMI and for current fee structure - independer living requires an entrance fee.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. **Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursin Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. **Private pay, please call FMI and for current for structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal (s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

Rev.20240305 Page 8 of 8